Armstrong Junior Senior High School

Regular Bell Schedule - A Lunch

7:30 AM to 2:20 PM

Attendance and Seminar (Period 0)	7:30 AM - 8:10 AM	40 min
Period 1	8:14 AM - 8:52 AM	38 min
Period 2	8:56 AM - 9:34 AM	38 min
Period 3	9:38 AM - 10:16 AM	38 min
Period 4	10:20 AM - 10:58 AM	38 min
Lunch (5A)	11:02 AM - 11:32 AM	30 min
Period 6	11:36 AM - 12:14 PM	38 min
Period 8	12:18 PM - 12:56 PM	38 min
Period 9	1:00 PM - 1:38 PM	38 min
Period 10	1:42 PM - 2:20 PM	38 min